

A Scheme
On
NATIONAL FOLK DANCE COMPETITION IN POPULATION EDUCATION

I. Background:

Folk dances in India represent diverse cultures and traditions having each region of the country as a unique culture, specific folk music and dance, which proves to be a wonderful way of expression of their community and its traditions. Though these folk dances are not as complex as the classical dance forms, they are very beautiful, because of the essence of specific deep seated beliefs and traditions of a particular culture in them.

The folk dances are also considered to be auspicious by many of the tribal communities in the country. The most interesting part of a folk dance is the colorful dresses required for its performance. Every folk dance has its own specific costume and jewelry, which differs from dance to dance. The various folk dances are not only the exclusive art of a particular community, but also an asset of India's cultural heritage. The folk dances of any community are performed on almost every special occasion and festival, to express joy and local specific messages. Such folk dance can also perform very effective in conveying messages related to population and adolescence education related themes

II. National Competition on Folk Dance:

Under National Population Education Project, many co-curricular activities are being organized. Folk dance has not been tried out for the first time. It will have both dances as well as song component.

III. Specific Objectives:

1. To convey effectively various issues related to Population Education and Adolescence Reproductive and Sexual Health (ARSH) by using their own folk as medium.

2. To provide them opportunities for experiential learning for life skills development.
3. Validating the strategies of the folk dance for transaction of Population and Adolescence Education.

IV. What are Folk Dances?

Indian folk dances are simple dances, and are performed to express joy and convey the messages. Folk dances are performed for every possible occasion, to celebrate the arrival of seasons, birth of a child, a wedding and festivals. The dances are extremely simple with minimum steps or movement. Men and women perform some dances exclusively, while in some performances men and women dance together. On most occasions, dancers sing themselves, while being accompanied by artist on the instruments. The specific costumes may used for folk dance as per need of the situation. The skill and the imagination of the dances influence the performances.

V. Themes:

The following themes have to consider for Folk Dance Competition.

- 1. Equal opportunity for boys and girls: Removal of Female Feticide**
- 2. Respect and Care for Elders**
- 3. Protection of Environment**
- 4. Drug Abuse**
- 5. Charms and Challenges of Adolescents**

Above themes will be elaborated by the folk dancers.

VI. Target group:

National Folk Dance Competition can be organize by the implementing States/UTs by involving students of class-VIII or -IX or from both classes' studying in Government schools only. Those who are participated in the National Role Play Competition for this financial year 2011-12, are not eligible to participate in the Folkdance competition.

VII. Basic requirements:

5.1 Space

It will be organized for students of class-VIII or IX or from both Class-VIII and Class-IX of the school. However, students from other classes may be invited as audience. A hall/open space may be used for this activity.

5.2 Time

Each team could be given 8-10 minutes time for Folkdance at every level.

5.3 Language

The language of Folkdance will be local language.

5.4 Number of Folk dancers

The number of folk dancers in each folk dance can be **4-6 students**. For participation at the State/National level two teachers (**one vocal and one instrumental**) will accompany with their respective teams.

5.5 Costumes

Folk dancers will use costumes according to the need of the dance related to the selected theme.

VIII. Guidelines for implementation:

This activity will be organized at five levels i.e. Schools, Districts, States, Regional Level and National Level. However the number of levels from schools to district may be decided by the concerned implementing agency, keeping the expenditure into consideration. In States and UTs where the number of schools are limited, it can be organized at less than five levels. For every level, only one team will be selected for sending to the next level. For example from every school only one team will be sent at the block level and one team from block to the district level and from every district only one team will be sent at the State Level. Each State/UTs will send only one selected team at the Regional Level. There will be four Regional folk Dance Competitions for 30 States/UTs. From each Regional Level, two teams will be selected to the National Level Folk Dance Competition. However from District Level onwards three teams (First, Second and Third) may be selected for giving the prizes. While organizing this competition, the following points may be considered.

A. Planning

1. For each situation 4 or 6 number of students, boys/girls should be identified to constitute a group for enacting the folk dance. The selection should not appear to be discriminatory in any way.
2. Specific theme may be assigned to each member of that group. Their respective roles may be explained properly. Each one of them must know and understand the specific ideas that he/she has to express while performing the folk dance.
3. When the teacher is assigning students their respective roles for folk dance, he/she should make it clear to each one of them. They should dance on their respective roles. The concerned teacher will prepare copy of the song and submit at the competition level. The folk dance may be in their own language. However, the song may preferably be translated in English/Hindi language.
4. Students should be given appropriate time to be well prepared with their respective folk dance roles and also for rehearsal.
5. Local educational functionaries, parents and other community members may be invited to this activity. For wide coverage of this activity, local media both (electronic and press) may be invited to the folkdance competition.
6. Date, time and venue for the folk dance should be fixed and communicated to all the concerned persons well in advance.

B. Conducting the Folk Dance Competition.

The group enacting role play may be positioned according to the need of the situation of the folk dance. It should be ensured that the group is visible by the rest of the students, teachers, parents and others who will constitute the audience.

C. Review and Feedback of Audience

1. Once the folk dance is played, the audience may be requested to make comments.
2. After the folk dance is over, the audience may be requested to discuss the points made by different actors.
3. It can be obtained on the effectiveness, strengths and weaknesses, frequency and other relevant dimensions of the Folk Dance Competition.

IX. Selection of Judges:

There will be three judges at every level. The persons selected to judge the Folk dance may be drawn from the area of Health, Education, Language and Performing Art. Preferably both male and female and able to appreciate this area. The judges may be as follows at various levels:

School Level :-(i) Principal

(ii) Two teachers nominated by the Principal

District Level :-(i) DIET Principal or District Education Officers (DEOs)

(ii) Head master/Principal from the non-participating schools who has experienced in Adolescence Education (AE) or expert in PE (Population Education)/AE.

(iii) Person having background in performing Art.

X. Criteria for Evaluation of Folk Dance by Judges:

Each role play will be evaluated as follows by the judges:

	Marks
(i) Coverage of qualitative theme	25
(ii) Presentation of folk dance (costume, rhythm and choreography)	30
(iii) Reflection of Life Skills during folkdance	40
(iv) Effectiveness of evaluation between folkdance and Audience	05
Total (Marks)	100

XII. Monitoring and Feedback:

School Level: -Monitoring performa to be used for Folk Dance and follow-up.

XIII. Prizes:

There will be **no prize at the school** competition. (The amount of prizes from district level in rupees for **per folk dancer** is mentioned below)

- (i) Prize at District level-I (300/-), II (200/-), III (150/-),
- (ii) Prize at State level-I (500/-), II (300/-), III (200/-), and participation certificate.
- (iii) Prize at Regional Level – I (800/-), II (500/-), III (300/-) and participation certificate.
- (iv) Prize at National level- I (1000/-), II (700/-), III (500/-), and participation certificate.

XIV. Remuneration to Judges:

Remuneration to judges will be as per National and State/UTs norms.

XV. Time Schedule:

Sl No	Level of Folk Dance Competition	Duration
1	School	31 st August,2012
2	District	20 th September 2012
3	State/UT	30 th September 2012